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## Leyly Ramezan Saatchi

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### PERSONAL INFORMATION

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**Date & Place of Birth:** March 10th, 1985, Tehran, Iran  
**Gender:** Female  
**Marital Status:** Single

### EDUCATION

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**2022 Ph.D. in Psychology**

Alzahra University (Tehran, Iran)  
GPA: 3.83

Honors Thesis: Compilation of a Computerized Cognitive Training package and its effectiveness on the symptoms of major depression  
Supervisors: Dr. Roshanak Khodabakhsh Pirkalani, Associate Professor of Psychology at Alzahra University, Tehran, Iran.

**2012 Master of Clinical Psychology**

Shahid Chamran University (Ahwaz, Iran)  
GPA: 3.74

Honors Thesis: The impact of cognitive-behavioral therapy on pain and mental health in Women with chronic low back pain patients referred to a specialized clinic in Tehran.

Supervisor: Najmeh Hamid, Associate Professor of clinical psychology at Shahid Chamran University

**2010 Bachelor of Exceptional Children Psychology**

Alzahra University (Tehran, Iran)  
GPA: 3.71

### GRANTS, HONORS, & SCHOLARSHIPS

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2010-2012	Brilliant Talents: Shahid Chamran University, Department of Psychology
2011	Student Spotlight: Iranian Psychological Society
2011	Student Spotlight: Shahid Chamran University, Department of Psychology
2010	Student Spotlight: Alzahra University, Department of Psychology
2006-2010	Brilliant Talents: Alzahra University, Department of Psychology

### RESEARCH EXPERIENCE

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Research Assistant  
2015-2019

Responsibilities: I assisted Dr. Mehri Nejad with many research projects. My specific responsibilities included Organizing and teaching the experimental groups, conducting pre and post assessments of self scoring psychological measuring, and entering the data into a database, assisting with the analysis and dissemination of findings.

Research Assistant  
2014-2018

Responsibilities: I assisted Dr. Ghazaie with fear of childbirth and its treatment research project. My specific Responsibilities including collecting papers for preparation of package named Fear of Childbirth (Basics and Treatment).

### PROFESSIONAL EXPERIENCE

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Intern  
Stress Reduction Clinic  
2014-2015

Responsibilities: I obtained psycho-medical histories, observed therapy sessions, and discussed treatment plans and therapeutic techniques with the doctor Mosavi. I also learned a variety of objective and projective tests.

## WORK EXPERIENCE

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Human resources  
Plastic Industry magazine  
2013-2016

Co-Therapist  
Stress Reduction Clinic  
2014- 2017

Psycho Therapist  
Ravanisatis  
2017- now

Psycho Therapist  
Alzahra University Clinic  
2018- now

Visiting Professor  
Alzahra University  
2020- now

Visiting Professor  
Refah University  
2020- now

Researcher  
Research Institute of Strategic Studies  
2020-now

## BOOKS

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Ghazaie, M& Ramezan Saatchi, L. (2020). Fear of childbirth (from basic to treatment). Arjmand Pub.

## ARTICLES

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Yousefi, M. M., & Ramezan Saatchi, L. (2022). Conceptology of Volition and Discernment: A Neuropsychological Approach. Medical Law Journal, 16(57), 760-785.

Saatchi, L. R., Pirkalani, R. K., Abolghasem, S., & Mehrinejad, M. M. (2022). The Effect of Computerized Cognitive Training Package on Executive Functions of People with Major Depressive Disorder. Iranian Journal of Psychiatric Nursing (IJPn) Original Article, 10(3).

Ramezan Saatchi, L., Khodabakhsh Pirkalani, R., & Mehrinejad, S. A. (2022). A Comprehensive Evaluation of Executive Functions Using the Cambridge Neuropsychological Test Automated Battery in People with Major Depressive Disorder. Journal of Gorgan University of Medical Sciences, 24(2), 31-40.

Sadri, N., Ramezan Saatchi, L., Ghazaie, M., & Noohi, S. (2022). Evaluation of the prevalence of vaginismus disorder and its relationship with marital satisfaction, defense mechanisms, body image worries, guilty feelings and sexual autonomy in married women in Tehran. Health Research Journal, 0-0.

Ghazaei, M., Taheri, N., & Ramezan Saatchi, L. (2021). Maternal Parenting Styles and Aggression in ADHD Children: The Mediating Role of Executive Function. International Journal of Psychology (IPA), 15(1), 43-73.

Ghazaie, M., Sadri, N., & Ramezan Saatchi, L. (2020). Relationship between Marital Satisfaction, Body Image Concern, Guilt Feeling and Sexual Autonomy With Symptoms of Orgasmic Disorder in Married Women. Thoughts and Behavior in Clinical Psychology, 15(56), 7-16.

Ghazaei, M., Foroughi, M., & Saatchi, L. R. (2020). Testing the high-risk behavior model among the students based on religious orientation with the mediation of fear of death. *OMEGA-Journal of Death and Dying*, 0030222820941277.

Ramezan Saatchi, L., Khodabakhsh Pirkalani, R., & Maleki Majd, M. (2019). Prediction of Proneness to Addiction Based on Emotion Regulation Strategies and Brain Behavioral Systems in Adolescents, *Social Health and Addiction*, 5(20), 103-118.

Mehrinejad, A., Sadri, N., Ramezan Saatchi, L., & Ghafari, Z. (2019). The effectiveness of life skills training on self-esteem and parent-child conflict among first secondary school girls in Tehran. *The Journal of New Thoughts on Education*, 15(1), 187-206.

Ramezan Saatchi, L., Khodabakhsh Pirkalani, R., & Maleki Majd, M. (2018). The Effectiveness of Mindfulness-Based Cognitive Therapy (MBCT) on Depression, Death Anxiety and Life Expectancy in Elderly Women. *joge*. 3 (2) :11-20.

Mehri Nejad, S. A., Ramezan Saatchi, L., & Paydar, S. (2017). Death anxiety and its relationship with social support and adherence to religion in the elderly. *Iranian journal of Ageing*, 11(4), 494-503.

Mehri Nejad, S. A., & Ramezan Saatchi, L. (2016). Impact of mindfulness-based cognitive therapy on depression, anger and emotion regulation of veterans' spouses. *Iranian Journal of War and Public Health*, 8(3), 141-148.

Ghazaie, M., Tajikzadeh, F., Sadeghi, R., & Saatchi, L. R. (2015). The comparison of pain perception, coping strategies with pain and self-efficacy of pain in athlete and non-athlete women. *Journal of Fundamentals of Mental Health*, 17(4).

Hamid, N., Ramezan Sa'atchi, L., & Mehrabizadeh Honarmand, M. (2013). Effect of cognitive-behavioral therapy on pain severity and mental health of women with chronic low back pain. *Clinical Psychology Studies*, 3(10), 96-113.

## PRESENTATIONS

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Ramezan Saatchi, L., & Sadri, N. (2018). Investigating the relationship between social skills and perfectionism with dependence on virtual social networks. The first national congress of social damage prevention.

Ramezan Saatchi, L., & Mehri Nejad, A. (2016). Investigate the effect of prayer on the components of the death anxiety in elderly male and female. Poster presented at the Prayer and Mental Health Congress, Tehran university.

Ramezan Saatchi, L., & Mehri Nejad, A. (2016). Investigate the effect of prayer on marital satisfaction in female students. Poster presented at the Prayer and Mental Health Congress, Tehran university.

Ramezan Saatchi, L., & Mehri Nejad, A. (2016). Investigate the effect of prayer on self-control and aggression in male students. Poster presented at the Prayer and Mental Health Congress, Tehran university.

Ramezan Saatchi, L., & Mehri Nejad, A. (2016). Investigate the effect of prayer on the use of virtual networks in male students. Poster presented at the Prayer and Mental Health Congress, Tehran university.

Ramezan Saatchi, L., & Ghazaie, M. (2013). The impact of cognitive - behavioral therapy on self-efficacy of pain in women with chronic low back pain patients referred to a specialized clinic in Tehran. Poster presented at the 3th congress of Iranian Psychological Society.

Ramezan Saatchi, L., Basak Nejad, S., & Ghafari, Z. (2012). The psychological characteristics of students in social networks. Poster presented at the 3th Conference of Hojom Khamosh (Lorestan).

Ramezan Saatchi, L., & Hamid, N. (2012). Efficacy of cognitive - behavioral stress management therapy on quality of life and happiness in fameless with temporal lobe epilepsy. Paper presented at the first Conference on Research and Treatment in Clinical Psychology (Torbat Jam).

## PROFESSIONAL AFFILIATIONS

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2010-Present	Member of the Iranian Psychological Society
2012-Present	Member of the Psychology and Counseling organization of Iran

## CERTIFICATE

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- 2011**    **Attended the 4th International conference of Cognitive Science**  
Institute for Cognitive Science studies (ICSS)
- 2012**    **Cognitive - behavior therapy for Chronic Medical Diseases-**  
Iranian Psychological Society & Psychology and Counseling organization of Iran
- 2013**    **Cognitive - behavior therapy for Depression**

Iranian Psychological Society & Psychology and Counseling organization of Iran

- 2013 Cognitive - behavior therapy for OCD**  
Iranian Psychological Society & Psychology and Counseling organization of Iran
- 2013 Cognitive - behavior therapy for Generalized Anxiety**  
Iranian Psychological Society & Psychology and Counseling organization of Iran
- 2013 Cognitive - behavior therapy for Anxiety in Children**  
Psychology and Counseling Center (Zendegi) & Psychology and Counseling Organization of Iran
- 2013 Control and Treatment of Panic and Agoraphobia**  
Psychology and Counseling Center (Zendegi) & Psychology and Counseling Organization of Iran
- 2013 Premarital Counseling**  
Iranian Psychological Society & Psychology and Counseling Organization of Iran
- 2013 Introduction of Neurofeedback Course**  
Paarand Center for Human Enhancement
- 2018 Neurofeedback in learning disorders and attention deficit hyperactivity disorder**  
Paarand Center for Human Enhancement
- 2019 Advanced Neurofeedback course**  
Paarand Center for Human Enhancement
- 2020 Brain QEEG mapping course**  
Paarand Center for Human Enhancement
- 2020 Premarital counseling trainer training course**  
Psychology and Counseling Organization of Iran
- 2020 Schema Therapy course**  
Iranian Psychological Society
- 2021 Psychotherapy professional skills training course**  
Iranian Psychotherapy Association
- 2021 Comprehensive course on cognitive assessment**  
National Brain Mapping Laboratory of Iran
- 2022 Comprehensive course on cognitive assessment and rehabilitation**  
National Brain Mapping Laboratory of Iran

## REFERENCES

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- Seyyed Abolghasem Mehri Nejad, Associate Professor of Clinical Psychology, Faculty of psychology , Alzahra University, Tehran, Iran , s.mehrinejad@alzahra.ac.ir
- Seyyed Ali Mohammad Mousavi, Associate Professor of Clinical Psychology, Faculty of Social Sciences, Imam Khomeini International University, Ghazvin, Iran, a\_mousavi@ikiu.ac.ir
- Maryam Ghazaei , Assistant Professor of Psychology at Sadjad University, Mashhad, Iran, ma.ghazayi@yahoo.com.